## **WEST ROOM AESTHETICS**

## ONLINE SKIN HEALTH CONSULTATION TIPS

Online consultations can be nerve-racking, but there's nothing to fear. There's a lot we can get through in 45 minutes and the key is to be prepared. Follow the tips below to make the most of your consultation:

- Ensure you complete your <u>consultation form</u> and return it at least 24 hours before your appointment.
- It's helpful to send clear photos of your skin ahead of the consultation - please email confidentially to: <a href="mailto:skinhealth@westroomaesthetics.com">skinhealth@westroomaesthetics.com</a>
- Have a think of your most important questions and write them down to so you don't forget.
- Check your WI-FI connection beforehand to make sure it is strong and stable.
- A make up free face is best and position yourself somewhere comfortable with good natural light.
- Ensure that you will have privacy during the consultation and won't be disturbed or interrupted.
- Have all your skincare products close to hand so you can refer to them easily if necessary.
- Don't be late as that can leave you flustered and unable to make the best use of the your consultation time.
- Don't forget a notepad and pen for all your note-taking!

We are here to support you in your skin journey so please don't hesitate to contact us if you have any questions or queries.