

WEST ROOM AESTHETICS

PRE-TREATMENT ADVICE

Preparation is key to ensure you get the most out of your treatment. We are unable to treat skin that is irritated and/sensitised as this could potentially lead to complication and undesired results.

1 week before your treatment:

- Avoid any professional treatments such as micro-blading, chemical peels or laser as they can increase skin sensitivity
- Avoid injectables procedures such as Botox and fillers

2 days before your treatment:

- Stop using Vitamin A (retinoids)
- Avoid exfoliating products such as alpha hydroxy acids e.g. glycolic acid, lactic acid, mandelic acid
- Avoid eyelash extensions as they may lift within the first 48 hours when hot towels or steam are applied during your treatment

24 hours before your treatment:

- Avoid any facial hair removal - especially waxing, shaving, threading or tweezing
 - Avoid any saunas or steam rooms
 - Avoid long periods in the sun
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If you aren't sure about anything, please email us :
skinhealth@westroomaesthetics.com
and we will be happy to advise.